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Level of Evidence	Type of Study
1a	Systematic reviews of randomized clinical trials (RCTs)
1b	Individual RCTs
2a	Systematic reviews of cohort studies
2b	Individual cohort studies and low-quality RCTs
3a	Systematic reviews of case-controlled studies
3b	Individual case-controlled studies
4	Case series and poor-quality cohort and case-control stud
5	Expert opinion based on clinical experience





































 Samples are Clinical Evidence, ACP Journal Club, and Cochrane Library, EBMR.







